A Day in the Life

From firefighting to pest control to road maintenance to fence maintenance, its all in a days work for contractor Richmond Hale, affectionately known as Deedum. Born and raised in Te Araroa Deedum has been a contractor with Ngati Porou Whanui Forests Ltd (NPWFL) for the past 11 years.

“It’s not unusual to see him, truck loaded with equipment and horsefloat attached traveling the miles from Te Araroa to Tolaga Bay. This includes covering over 60 woodlots under the Ngati Porou Hansol Joint Venture and Crown Lease Forests. Never one to shy away from a hard days mahi, Deedum has become one of the company’s frontline field personnel and a valued member of the team” says manager, Chris Insley.

Deedum is also a pretty sharp builder and built the a fire store in Tokomaru Bay for the company which houses their fire fighting equipment and also acts as a storage shed.

There was a short break in his service when he was kicked by a horse and broke his leg in two places. Not a man to be kept down for long he was called out to take the fire truck to a fire, not an easy task when his leg was still in plaster.

Asked what has kept him in the job, Deedum says it’s the type of work I enjoy doing and that doesn’t come along very often.
Chairmans Mihi

“Tena kotou e nga tini mate kua hinga i nga marae maha o te kaenga nei. Kua wehe atu ratau ki tua o te arai, ki te okiokinga o nga wairua. E kui, e koro ma, haere, haere, haere atu ra. Otira ki a kotou kei te wa kainga, a, ki nga mea kei te motu hoki, tena tatau katoa”

This is now the 15th edition of Nga Kohinga a publication now reaching increasingly many more of us both at home and away importantly telling our stories, our struggles and our successes at the marae, on the sports field, in our schools and at the board table in an everchanging and challenging environment.

Our forestry company too this year will undergo more change as it rolls out a substantial new growth plan to present to interested landowners a new commercial opportunity to participate in the emerging and potentially very large carbon sink market. At an international level there is increasing acknowledgement amongst power broking countries that the planet is warming up and will affect the climate. Importantly too, 1200 scientists from across the world have just released a detailed study where they too now acknowledge that climate change is real. On the east coast of New Zealand they predict that this warming will see over the next 100 years some of the following effects; sea level rise, increased storm surge, coastal inundation, increased coastal erosion, less rainfall, increased drought for already drought-prone areas, and increased irrigation demand.

We have lands prone to erosion already, science to tell what other species we should be planting other than Radiata and, we have the forest management expertise and tools to adapt to this change and seize the commercial opportunity available to our landowners. Over the next few months we will have an active program of meeting with interested landowners to discuss options where they may participate in this new development.

Can I thank all those involved in assembling and bringing to you ‘our stories’.

No reira, i raro i tenei, tena koutou, tena koutou, tena tatau katoa.

Whaimutu Dewes
Chairman

What Now Easter

The Kids of Ruatoria were over the moon when the TV2 show What Now announced that Radio Ngati Porou in Ruatoria was a pick up point for free East Eggs.

Kids watching What Now on Easter Sunday were amazed to see that the ‘special pick up point’ was right here in their own town. They wasted no time in making their way to the station.

Mary Jeane Waerehu of RNP was at the station waiting for the kids to arrive; she said, “as soon as the secret place was announced on TV the kids came flooding down the footpath, the eggs were gone in no time at all”.

Ruatoria was among twenty locations chosen as pick up points. 100 eggs were held at RNP kindly sent through by What Now and The Warehouse.

Editorial

Remembrance, commitment and longevity are the elements woven through our Easter issue of Nga Kohinga. The Maori Battalion continues to reflect all these elements and congratulations is in store for the new President of the 28th Maori Battalion, Tokomaru Bay’s, Noel Raihana. Radio NP reached its 20 year milestone, a timely honor for the 4th Maori Media Awards held in Gisborne last week. An outstanding haka was performed their by the old boys of “kapa haka”, who blended fiercely against the back-drop of Hikurangi Maunga. Whanui Forests Ltd acknowledges Dee Hale, a man of many talents and NP Seafoods Ltd investigates the potential earning power of aquaculture as a sustainable business investment. With the right infrastructure is has the viability to enhance opportunities for our people to engage in ‘fishing’. Sadly this week, Ngati Porou icon ‘Pakihiroa Farms Ltd’ carried the loss of its Manager Reagan Poi. A vibrant and active community person, Reagan’s sudden passing brought the East Coast-Gisborne farming fraternity to a standstill as the multitude gathered at Ohinewaiapu Marae this week to farewell one of it’s own. We salute those pakeke who will rise at dawn and pay homage to their comrades on Anzac Day. Next Easter we will read about their commitment in ‘The Price of Citizen’ - a long and special assignment undertaken by Dr Monty Soutar. NP Hauora continues to challenge poor lifestyle habits and reminds us that it is not COOL to smoke but it is HOT to share health knowledge with each other and those who can help us to improve our health status. “Remember the message, commit to the program and live long and happy lives”. Kia ora ano
The Nga Taonga a Nga Tama Toa trustees have announced the date for the launch of the C Company book as Easter weekend Saturday 22 March, 2008. The launch coincides with the 28th Maori Battalion Reunion that will be held in Gisborne.

The name of the book is Nga Tama Toa: the price of citizenship: C Company 28th (Maori) Battalion. It is a hard-back with 450 pages and 1300 photos. The first of 20 chapters was written in 2002 the last chapter just this year.

To whet appetites for those who are interested in the book a snippet of the introduction follows.

It was late March 1946. The place was Ruatoria—a rural township on the East Coast with a population of no more than 1000 people. Accompanied by Te Riringi, his second wife and companion through the war years, Sir Apirana Ngata made his way back to their humble home. He had been working nearby at Whakarua Park on the new memorial hall, one of the finest Maori edifices and a fitting cultural accolade to the men of the 28th (Maori) Battalion.

But the hall (soon to be named Uepohatu) was not to be Ngata’s last compliment to the unit he had fought so resolutely to have established. For the men who had elected to call him ‘father’ he had in mind a second and more enduring tribute. In the small living room of Te Riringi’s home he sat in front of his typewriter and wrote to his friend Harold Carr, the district’s Native Land Court judge who had a son in the Battalion. ‘It has been decided, that a history of C Company of the 28th Maori Battalion in the recent war should be compiled from official data and personal accounts while things are fresh in mind.’ The company had been composed of men from the Tairawhiti region, that district lying between Torere in the eastern Bay of Plenty and Muriwai to the south of Gisborne.

Twenty years of research by two authors Enzo Casadio & Massimo Valli resulted in a sell-out book called “The Battle of Faenza” published in 2004. It features the 28 Maori Battalion.

The author’s 21 year old daughter Chiara Casadio visited the Nga Taonga a Nga Tama Toa Trust prior to Xmas and presented a copy of her father’s book to the Mayor of Gisborne.
Its been a busy time here on the Coast recently with the Hurricanes visit, the Waiapu 10 aside tournament and club rugby kicking off all in the past month. Our JAB rugby and Teenage rugby starts on 28th April and 5th May respectively.

George Nepia Memorial Park was in superb condition for the Enterprise Cars Waiapu 10 aside tournament held on Saturday 24th March. The day produced some exciting rugby, and showed a lot of promising players from all teams involved, the day eventually belonged to Tokararangi who went through undefeated after beating Ruatoria City (the only other unbeaten team) 7-0 in the last game of the day.

Hurricanes players Nili Latu, Jerry Collins, Hoani Tui & David Smith visited Ngata College and Hatea-A-Rangi Domain on Weds 4th April, all whanau and schools were invited and turned out in force, the students actively took part in the activities and games throughout the day. ACC safe driving and sport were the themes of the day. It was a great day for the guys and left a huge Ngati impression on them all.

JAB rugby is due to kick off on 28th April and at present we are seeking keen volunteers to help out with our kids rugby. All JAB rugby will be held in Ruatoria this season so if you are interested in assisting please contact your local JAB delegate.

Finally senior club rugby has started with 7 teams competing over 2 rounds home and away, it looks set to be a very competitive season. Fixtures, results & standings can be viewed at www.nzrugbynet.co.nz, follow the links to East Coast RFU.
Business Resolutions for the New Financial Year

For many of you December 31st last year will have been a time for making personal resolutions for 2007. April signals another time for resolutions – of the business kind.

The beginning of a new financial year is the perfect time to evaluate business performance, plan improvements and implement some fresh and innovative ideas to make 2007 and beyond years to remember for your business. Regular contributor and lawyer James Johnston provides some useful ideas that you might want to consider.

Plan
Planning is essential for any successful business. Short and long term goals need to be formulated and assessed against your current situation. Identify the changes you want and/or need to make and then try to identify the steps you need to take to bring you closer to achieving your goals. Plan improvements while your business is thriving. Don’t be on the back foot. Why develop and implement major changes during and in reaction to a crisis?

Think about how you see your role in your business concluding. Don’t wait until it’s time to pull back and/or hand over the reigns. Succession planning can and should be done early. Often the lucrative sale or successful handover of your business is one of the goals behind starting the business in the first place. Use your aspirations about concluding your business venture to inform your short and medium term plans and then act on them!

Organise
The right structure is essential to ensure that you are getting the best from your time, your staff and your business. Appropriate governance measures will ensure that your time is spent overseeing rather than doing the hard yards.

We recommend the development of an ownership/management structure for the business that achieves separation of your personal assets from the business and clear entitlements between business partners.

Consider obtaining advice from appropriate professionals, including your lawyer and a business mentor. You may be surprised how the structure of your business can directly affect the success or otherwise of your venture.

Protect
An asset protection plan is your safety net. It is there to protect you and your business from various scenarios, for example if you die prematurely, have a serious accident, are sued by someone or even suffer a marriage or partnership breakdown.

Asset protection covers all elements of planning that recognise the need to protect your hard earned assets.

Your plan may involve ensuring you and all adult members of your family have an up to date Will and Enduring Powers of Attorney. You may want various insurance packages for the business and key personnel, disaster recovery planning (i.e. crashed server), and taxation planning. Does your asset protection package include your succession plan, appropriate management structure and a relationship property agreement?

Comply
Good operational policies to ensure that you are complying with the law are a necessary part of a successful business operation. For example, are you aware of your obligations under health and safety legislation, privacy legislation, copyright, trademark and patent laws, the Fair Trading and Consumer Guarantees Acts? These and other laws are likely to impact on how you can do business. It is a good idea to seek professional advice, as cutting corners could not only mean you break the law but also lose valuable customers, your reputation or even your business.

Diversify and/or Expand
As your business grows you may consider expanding or diversifying. It is sensible to ensure that any new ventures you are considering give you returns that match your primary business or they may not be worth your time and energy. If you enter into a joint venture make sure you record all arrangements formally to avoid surprises later.

Enjoy
Many people go into business to give themselves freedom. Freedom to choose their own hours, choose the type of work they do and choose who they deal with. Yet all too often, business owners get hooked into long hours, performing menial administrative tasks and dealing with customer or client demands to a point far beyond necessary. If this is you, STOP NOW! Think about what you want from your business and take the time to make any necessary changes. Make the new financial year a turning point for you and your business.

James Johnston is Chairman of Partners at Rainey Collins, Lawyers.

James invites comments and feedback on jjohnston@raineycollins.co.nz or visit the Rainey Collins website www.raineycollins.co.nz.
Making Money From Aquaculture

By Mark Ngata (GM – NPSL)

This is a good opportunity to raise awareness about aquaculture and the potential opportunities that can be derived from it. This article is the first of a series that will look at different sectors within aquaculture for example, land and marine based as well as freshwater and saltwater operations.

Aquaculture has been on the lips of many for a number of years. Few new or successful developments have occurred since the moratorium on water space was lifted in 2006, resulting in the seafood supply gap between New Zealand and the rest of the world just getting bigger.

When you have countries that produce millions of tonnes of seafood annually from aquaculture we simply cannot compete in this highly competitive volume based market and therefore returns for NZ businesses have been limited and made worse by the strong NZD.

Currently our most valuable export seafood product is green lipped mussels contributing $182m per annum to NZ’s GDP, which has overtaken hoki ($152m), and Rock Lobster ($127m), Salmon is at $42m.

Some iwi are well advanced and actively involved in aquaculture which is currently limited to mussels, pacific oysters and salmon. Most of us however who are looking to start see aquaculture as a means of business development creating wealth and opportunities for employment.

The main concerns have always been around water space and the capital outlay required to firstly engage the process to get permission and then secondly, actually getting into the water and start farming.

Mussel farming is an expensive business to set up and maintain which many iwi and maori companies simply cannot afford. Recent trials in Napier with an open ocean mussel farm confirmed this. While it provided good quality product and faster growth cycles the cost to produce per metre was four times that of farms in the Marlborough Sounds or Coromandel which are more sheltered areas.

Many iwi do not have similar sheltered bays and those that do are finding increasing public demand for use and preservation difficult and expensive hurdles to overcome in the environment court.

World Trends in Aquaculture Production

World consumption and production of seafood from aquaculture is increasing and is predicted to overtake current wild caught seafood levels (estimated to be around 84 million tonnes) by 2020.

Currently freshwater species provide the overwhelming majority of volumes produced globally, however, marine species, particularly fin fish, reflect the highest potential level for growth into the future.

Future strategies for Ngati Porou Seafoods have identified investment in aquaculture as a priority and we are currently working through regulatory processes to develop Aquaculture Management Area’s (AMA’s) as well as identifying the species and systems required.
AQUACULTURE FARMING – Can we do it?
While there are numerous risk issues to resolve and regulatory processes to endure NPSL is committed to aquaculture which will be a big part of our national and global seafood business into the future. Can we establish a viable and sustainable aquaculture business and make money? Yes, we definitely can, however, we need to make absolutely sure that we understand:
• What are our expectations
• What can and shouldn’t we do
• What are the key elements required to ensure a profitable and viable aquaculture business.

Some of the key elements are;
SITE: AMA’s under the regulations must be specie specific, however, I believe that to be viable we need a wider range of species being farmed which will mean different locations. Where are the optimal sites for various species, this is defined by physical and biological features as well as economic factors.
SPECIE: Choosing the right specie is a critical factor towards success. What species should we focus on, Paua, Crayfish, Snapper, Tarakihi, Groper, and Shellfish, just to mention a few are high value and in demand.
TYPE OF SYSTEM: Technology has advanced to a point where there are many different types of systems for all environments, choosing the right one can reduce costs and increase profitability significantly.
EXPANSION ABILITY: To be viable the site must have the ability to expand to produce more volumes.
COMPETITIVE ADVANTAGE: Our coastline and waters are unique and the seafood in it is amongst NZ’s finest.
OWNERSHIP & CONTROL: This is a critical factor in terms of success, we must maintain control and ownership.

MAKING MONEY FROM AQUACULTURE
Successful aquaculture ventures have long term visions that turn ideas into reality and strategies that marry opportunities with capability. Key species, optimal systems and equipment for a variety of environments are essential as well as capital commitment from shareholders and investors.

If the right steps are followed aquaculture has the potential to provide significant economic returns for NPSL & NP long term as well as benefit other sectors such as tourism, aquaculture operations throughout the world have proved to be popular stopovers for tourists, they are also educational centres for tamariki and provide research and study opportunities. Employment locally and regionally will benefit as operations develop and require staff in terms of farm managers, labourers, harvesting vessels and in processing plants.

Yes, there are risks involved and most of these are well known, however, its about identifying and managing those risks not being risk adverse. I look forward to stimulating discussion in this important sector towards developing a sustainable and profitable aquaculture business for Ngati Porou.
NEW Zealand’s top Maori scholar Te Rangi Matanuku Parata is a Ruatoria homeboy at heart with a world of opportunity at his feet.

Matanuku took on the challenge of seventh form and varsity papers at Lytton High School last year while still only 15. He excelled in both Maori and English requirement studies, gaining Waikato University Level 2 Maori papers, University Entrance and NCEA level 3.

He also has a tidy scholarship package worth $14,000 for a number of academic accolades including the prestigious Waikato University Vice Chancellor’s Scholarship.

Lytton High School Maori department head Rhonda Tibble said Matanuku was an outstanding student and an inspiring individual who depicted the dream Maori elders had for the up and coming generations - to excel and achieve through education while still retaining a Maori perspective.

“Matanuku will undoubtedly become a repository of knowledge for his whanau hapu and iwi. He is a stunning example of what can be achieved when cultural capital is invested in our children. It is what we expect to produce through the revitalisation and maintenance of our reo.”

She said Ritana was proud to have hosted its first NZ Te Reo Maori scholar and acknowledged the contribution of teachers at his other schools – Rotorua Boys High School and Te Kura Kaupapa Maori o Te Wai U o Ngati Porou.

Matanuku spent two years at Rotorua Boys High School and eight years at Te Wai U. The gifted 16-year-old has joined the ranks of top NZ Maori scholars along with, Moni Soutar (2005) and Roimata Papuni Isles (2004). All three have had their education grooming at Te Wai U.

Matanuku is in no hurry to take on university life and has instead opted for a “year off” to work at home.

He said, the “gap year” would give him a chance to further advance his Ngati Porou reo alongside his nanny Hiria Te Kie Kie Reedy.

Business management and teaching studies are on the cards for varsity in 2008 with long term plans to own and run an East Coast farm and teach at Te Wai U.

Matanuku said his success was due to the positive influences of his nanny Hiria, his parents Joe and Aroha Parata, his Uncle Selwyn Parata and cousin Ngarimu Parata.

“Nanny Hiria is my main pou (support) who has taught us all right from wrong and if it wasn’t for cousin Ngarimu I don’t think I would have gotten anywhere. He kept me on track especially with study.

“I don’t think my Maori is the best in the world but I do have a passion for learning the reo that is my nanny’s and her peers. It was her reo that I used in my exams and I guess that is why I gained the top scholar marks.”

Being a fast thinker on his feet and having a sharp mind for critical analysis has ensured Matanuku’s success in the oratory arena.

He won the regional 2006 senior Maori Nga Manu Korero competition and was placed second, nationally. He also won the national Auahi Kore (smokefree) whai korero competition in 1999 and 2000.

Matanuku is of Ngati Porou, Ngai Tahu and Ngati Whatua descent.

**Home is Where the Heart is**

Te Wananga o Aotearoa - Whiri Koka Campus from Turanganui exhibited its musical talents at its Ruatoria Roadshow recently. Regional tutors arrived with the Whiri Koka Campus Directors Kath and Peter Te Kani to perform, entertain and promote their courses.

RNP joined the spectators lining both sides of the street but the three young riders provided a ‘front drop’ to the visitors.

[RNP Sales & Marketing earlier this month opened their ‘Gisborne based’ office at Whiri Koka Campus]
Whangara take 1st

Whangara mai Tawhiti clinched the 2007 national kapa haka festival title at Palmerston North in February with a majestic and charismatic winning performance.

The new national champion group was established in 1961, and then revived in 1976. The current group was formed in 1995, following requests from local kuia and koroua who wanted to keep the tikanga and mana of Whangara alive. Group leader Derek Lardelli said the victory would not have been possible without the support of their whanau. “It’s an honour for us and our families to be given this award. It represents a lot of hard work and discipline,” he said.

The group’s waiata paid homage to the World War 1 soldiers who died at Gallipoli.

Lardelli was inspired to compose the songs for the competition bracket after a four-month stint as the inaugural Artist in Residence at Gallipoli, Turkey in 2006. The waiata-a-ringa Putiputi an action song about the sunflowers of Turkey acknowledged the fallen at Gallipoli.

Further south in the Tairawhiti, old favourites, Waihirere and new hotties to the national scene Tu Te Manawa Maurea from Manutuke proved crowd pleasers during the first day of competition with pure notes and fierce haka causing goose bumps of pride. The two groups butted artistic heads in the first pool of the competition along with other super nova talent groups including former national champions and neighbours Te Whanau a Apanui. Te Matatini national kapa haka judge Te Rita Papesch said everybody at the festival was a winner – competitors and supporters.

Results

| Manukura Wahine/Female Leader | 3) Opotiki Mai Tawhiti | 2) Tu Te Manawa Maurea | 1) Whangara Mai Tawhiti |
| Manukura Tane/Male Leader | 3) Whangara Mai Tawhiti | 2) Tauira Mai Tawhiti | 1) Te Roopu Manutaki |
| Kakahu/Uniforms | 3) Ruatahuna Kakahu Mauku | 2) Ngati Poneke | 1) Whangara Mai Tawhiti |

Haka – Composition and originality

3) Tamarau
2) Tu Te Maungaroa
1) Ruatahuna Kakahu Mauku

Poi – Composition and originality

3) Opotiki Mai Tawhiti
2) Tu Te Manawa Maurea
1) Te Whanau a te Kura

“Because the kaupapa of excellence in Maori performance is being shared and appreciated by the thousands who are here this weekend,” she said. Thirty teams from across the nation battled for supremacy in the Maori performing arts competition. Many groups challenged the boundaries of kapa haka with new types of moves, while others commented on social issues such as domestic violence and child abuse in their routines.

The next one will be held at Tauranga in 2009.
Joni A Brooking

What are your iwi/hapu affiliations?
Ki te taha o toku Papa - Jack Brooking
Ko Whetumatarau te maunga
Ko Awatere te awa
Ko Te Aotaihe te whare
Ko Te Aotaihe A Kahu me Te Whanau A Tuwhakairiora nga hapu
Ko Ngati Porou te iwi

Ki te taha o toku Mama - Dawn (Karaitiana) Brooking
Ko Puketapu me Kahuranaki nga maunga
Ko Te Arai me Roto-a-Tara nga awa
Ko Ohako me Te Hauke nga marae
Ko Ngai Tawhiri, Ngati Ruapani me Te Whatu-i-Apiti nga hapu
Ko Rongowhakaata me Ngati Kahungunu nga iwi

What do you do in your mahi and how did you get the opportunity?
I am currently an apprentice (tauira) of the tohunga taa-moko artist Mark Kopua. I have been learning the art, history, techniques and knowledge of this art form under the guidance & tutelage of Mark for the past 14 months.

I had been asked about 4 or 5 years ago to be a ‘tauira’ of his but didn’t really feel the urge to take this path. However, after attending many wananga of both taa-moko and the many other art fields (whakairo, uku, raranga) I realised that this (taa-moko) is what I want to be doing for a career.

Early last year I phoned Uncle Mark up to see if the offer still stood, and fortunately for myself it did and here I find myself today learning the ins & outs of ‘taa-moko’.

Why did you get inspired to be creative for a living?
The inspiration of becoming a moko artist came from a lot of people who have had an input in my life. Firstly, my dad who is a kaiwhakairo (carver) and has always been an inspiration to me. He is also very encouraging when it comes to the arts. My mum too, I remember at a young age she used to take us to many raranga wananga and many other ‘toi Maori’ orientated wananga that were happening.

Then there is Uncle Mark himself, who has also inspired me with the many art forms that he does. One of his main reasons in asking me was to get more wahine working in this field of art form. Then it would have to be my younger brother (Henare), whom is a very talented young artist. He also inspires me and was one person that really inspired me to take this path.

What do you most enjoy about your mahi?
The enjoyment is endless. The enjoyment is meeting new people from near and afar. Also, the building of networks and good friendships which is very important in this kind of mahi. Every person that walks in the door is different in their own little way, they all bring with them an uniqueness about them and with that comes their stories or history that they want etched into their skin.

The enjoyment is seeing the client walk away proud to be Maori, and proud of what they now wear upon them. I think also, just the relaxed atmosphere of it all.

What are your future creative ambitions?
For the future, I hope to do well and excel in my chosen art field. I would also like to one day travel abroad and educate our many whanau about the art of ‘moko’.

Do you have any advice to people who want to be creative for a living?
The only advice that I do have is that you should always follow your hearts desire. Don’t ever think that you can’t, because if you have never tried, you will never know.

“WHAIA TE ITI KAHURANGI KI TE TUOHU KOE ME HE MAUNGA TEITEI”

Joni works on Harley Mathews at her brother Henare’s Ta Moko studio in Wellington.
Trudy Lewis

What are your iwi/hapu affiliations?
Ngati Porou – Te Whanau a Ruataupare

What do you do in your mahi and how did you get the opportunity?
I have worked in the Television & Video Production Industry for the Past 11 years.

When I was at the end of my seventh form year I decided that I was going to Art school. I then spent the next year painting in my nanny’s garage and exhibited twice that year to make enough money to put me through art school. It was through that experience that I realized being an artist in that way wasn’t really fulfilling me. I was keen to explore an art form that utilized technology, like Computer graphics, photography or television. In the end I decided to attend a one year Television and video production course in Auckland.

Since then I have worked in the industry mainly as an editor and camera op. Today I have my own Production Company called Media Five Limited, producing Documentaries and corporate productions as well as working on many TV Programmes as an editor and Camera op.

Why did you get inspired to be creative for a living?
I was inspired by my mother who has been an artist for as long as I can remember. She has always used her creative abilities to make a living: From sewing clothes to making Pottery and today she earns a living as a full time master weaver. Growing up amidst my mother’s artistic ventures my two brothers and I naturally lent towards the creative industries: one brother is a full time self-employed Contemporary Maori Artist / Carver, the other on his way to being an architect and myself, in the Television & Film industry.

What do you most enjoy about your mahi?
My mahi gives me a lot of pleasure and fulfillment: I have traveled almost all over the world, experienced many different cultures and met lots of interesting people. I love the challenges my job continuously presents to me, and of course this art of storytelling is powerful! It gives me a sense of purpose knowing I can have an influence in this world!

What are your future creative ambitions?
My journey for the past 11 years for some reason has brought me back here to my home on the east coast. Many people have said to me, “why am I here on the east coast when the opportunities for me are in Auckland or Wellington or even overseas?”, I say to them that I have a vision that one day we will be producing world class films and TV programmes from this place and I believe our people are unique and talented in the arts! One of the things I am doing this year is teaching Film & TV studies at Tolaga Bay Area School and Matapuna Training centre. I didn’t think I would ever teach, but I believe this is part of the bigger vision I have. And I can see those kids being the next Lee Tamahori’s and the Peter Jackson’s of the future! But as for my personal ambitions, I am currently producing a documentary for Maori TV which has taken us to the international arena, this is a big step towards my ultimate dream for Media Five Ltd; to produce world class documentaries!

Do you have any advice to people who want to be creative for a living?
I have now been self-employed as a Production Company (Media Five limited) for the past 5 years. At first it was difficult to maintain a consistent work load, and there were many times I wanted to give up. But I had the support of my mother who always inspired me and encouraged me to push myself beyond my comfort zone and Never Give Up! So my advice to anyone who has a desire to be creative for a living is, surround yourself with positive role models, who will inspire and encourage you. Don’t let the difficult times sway you from your dreams and be committed to it no matter what!

RNP has the following issues of Nga Kohinga available for purchase
NK 3, NK 6, NK 7, NK 9, NK 10, NK 11, NK 12, NK 13

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Details can be found on RNP’s website www.radiongatiporou.co.nz or contact:
Radio Ngati Porou • PO Box 55 • Ruatoria
Phone: 06-864 8020 • Email: reception@radiongatiporou.co.nz
Te Runanga o Ngati Porou Budget Advisory Service

Runanga Budget Advisor Frances Grant provides a range of budget services to her clients, including information on money management and consumer rights, advice and support.

While based in the Runanga office in Ruatoria, Frances spends a lot of her time in the field working with whanau from Potaka to Tokomaru Bay. Every Tuesday she runs a clinic in Te Araroa and fortnightly in Tikitiki. Every third Thursday, she bases herself in Tokomaru Bay.

“I work from the premise that there is always a solution to a problem”. A large part of her work involves contacting agencies or organisations, working with whanau to find answers to some of their budgeting issues and negotiating appropriate outcomes for clients. “The most important part however, is working with whanau to create a budget plan that they are happy with and being there to support them along the way,” says Frances.

She is able to offer information, advice and support in many areas including repossession, court fines and debt reduction, bankruptcy, summary instalment orders, hire purchase, guarantor, bank fees and debt collection agencies.

Clients can be referred by an agency or organisation, although she has many clients that are self-referrals. If people want to see Frances all they need to do is ring in to the Ruatoria office, or touch base with her when she is in the field.

“At the first meeting it is really helpful, if people are able to bring along relevant documents to enable me to prepare a budget assessment and plan. These documents may include bank statements, regular bills, details of any money owed (such as mortgages, hire purchases, credit cards) and details of any other expenses that they may have,” says Frances.

Through networking with other Runanga services and staff, Frances is able to offer free clothing through clothing outlets based in the Te Araroa Community Hall, the Old Post Office in Tikitiki and the Runanga Building in Ruatoria.

“The clothing is of very high quality and ranges from babies through to adults. The supply of clothing changes on a regular basis to keep up with the demand. Frances says that “I am able to assist some people who have specific requests for items such as bedding, household items, furniture and food parcels”. A special thank you to all those in the Community who are recycling their clothing to assist others, it’s greatly appreciated,” says Frances.

So, check out the free clothing outlet near you.

To date there have been many satisfied and grateful whanau who have expressed their satisfaction through the regular service evaluations that are conducted;

• “Knowing there is someone willing to help me in every way”.
• “Friendly personal assistance and very helpful at all times”.

Frances Grant is no stranger to the East Coast. She was last here 30 years ago working as a barmaid in the Tikitiki Hotel - at that time it was leased by her father the late Don Cameron. She is also the only sister of the late John Cameron who spent over 35 years as a stock agent on the East Coast. Frances was educated at St. Mary Convent in Gisborne and left Gisborne in 1969. She spent most of her working life in the fast-lane in Auckland and has returned to the Coast to semi-retire with her husband Paul.

Contact Frances Grant, Budget Advice services to make an appointment
Weekdays between the hours of 8.30am and 5.00pm
Telephone 06 864 9004, Email – fgrant@tronp.org.nz, Fax 864 9008 or call into Te Runanga o Ngati Porou office in Ruatoria.
In a ceremony attended by approximately 300 people, the Bishop of Waiapu, Rt Rev John Bluck, ordained Pane in front of the wharenui, Materoa. Assisting him were Canon Morehu Te Maro, Rev’s Rose Stainton, Prince and Connie Ferris, Jack Papuni and the resident priest for Whareponga, Rev Kauaterangi Tuhura. Ven Canon Dr Hone Kaa preached the sermon.

Archbishop Rev Brown Turei was unable to attend as he was attending an Anglican Communion gathering in Tanzania.

A hakari followed at Uepohatu Hall where speeches were made, songs sung and gifts presented by many of Pane’s friends and whanau who traveled from around the country for the ordination. While many just came for the day, others who stayed were hosted at Mangarua and Kariaka Marae.

Tetahi wahanga o Te Haka a Mohi Turei—
“Tihei Tarukeni”

“Rangitukia ra te pariha, i tuku atu ai nga kaiwhakaaako tokowha Ruka ki Reporua, Hohepa ki te Paripari Whawhakakau, Apakura ki Whangakarea, Apakura ki Whangapirito e”
28th Maori Battalion Association has a new President

At the 2007 28th Maori Battalion Reunion held over Easter weekend in Whakatane, C Company Veteran Nolan Raihania was appointed the new President of the 28 Maori Battalion National Association.

Nolan (otherwise known as Noel) Raihania is one of the youngest surviving veterans, having recently celebrated his 80th birthday. In accepting his appointment, Noel paid tribute to outgoing President, Paora Kruger and Sonny Sewell of ‘B’ Company for organising the 2007 Reunion and acknowledged the unstinting support and commitment of the Association members; the wives, children and whanau of the returned servicemen.

One of the main responsibilities of the National 28th Maori Battalion Association is the organization and hosting of the Annual Reunion. Each Company is given the opportunity to host the Reunion in their region. The majority of the Committee is then formed from members of the host Company. As C Company will be the hosts of the 2008 Reunion, the majority of the newly-appointed Committee members are from Ngati Porou, Whanau a Apanui and nga iwi o Turanganui a kiwa.

A feature of the 2008 reunion will be the launch of the C Company book – Nga Tama Toa by Dr Monty Soutar.

Noel commented that the 28th Maori Battalion Reunions are also attended by veterans of the Korean and Vietnam conflicts, as well as many serving soldiers of the New Zealand armed Forces.

Noel has whakapapa ties to Ngati Porou and Ngai Tamanuhi. He was raised in Muriwai among his Ngai Tamanuhi whanau, attended Te Aute College and upon completing his time there, enlisted in the army at the age of 16.

28th Maori Battalion Association has a new President

Nolan Raihania as a serving soldier and present day.

He was 17 when he departed with the C Company of the 28th Maori Battalion, serving in Italy, during the second world war. After the war, he returned to work as a carpenter and married his wife Ana Hineiahuarangi Te Ata Ili Tio Parani (Ginger) Kaua. They lived in Tokomaru Bay among Te Whanau a Ruataupare before moving to Mataura in the South Island where he established a successful shearing contracting business.

Noel and his family lived in Mataura for 30 years before returning home to Tokomaru Bay where he currently resides. Noel has been a Trustee of Te Runanga o Ngati Porou for the past 15 years and has served on many Runanga committees.

His term as President will be for one year, ending with the election of the new President and Committee.

Ngati Porou Schools Trustee Association

In November 2006 the Ngati Porou Schools Trustee Association was formed, providing a collegial forum for all Trustees of Ngati Porou East Coast Schools Boards of Trustees. The purpose of the Association is to;
- advance the cause of school governance in particular and education in Ngati Porou in general.
- promote the ongoing improvement and development of skills and opportunities for learning and training for trustees.
- provide a forum for sharing ideas, support and advice amongst NPEC School boards of Trustees and liaison with other educational bodies.
- ensure the collective views and opinions of board personnel are canvassed and heard locally, regionally and nationally on matters of governance and educational significance.

On the 25th & 26th of May this year the 2007 NPEC School Trustees Conference will be held at Hinerupe Marae, Te Araroa. The conference date was set to coincide with the completion of recent board of trustee elections and the confirmation of the members of the new Boards of Trustees.

A stimulating programme has been prepared including the following workshops;
- Induction & Orientation training for new Trustees
- Role of the BOT Chairperson
- Appointment of the Principal
- Principal Performance Management
- Property
- Finance
- The Charter
- The Principal as a BOT Member
- Building Key Relationships
- Learning from experienced and recognised governance leaders
- Network with peers
- Exchange ideas and identify effective governance practices
- Engage in quality “trustee focussed” professional development

The conference will provide participants with opportunities to:

For further information on the association or conference please contact either
Leeanne Morice on (06) 864 9004 lmorice@tronp.org.nz
John Haerewa (06) 864 4991 easternbuses@xtra.co.nz
Sue Ngarimu-Goldsmith (06) 864 5881 sue.ng@xtra.co.nz
Whanau, circle Wednesday the 12th of September on your calendars the Te Rangitawaea Festival is on again. The 2007 Te Rangitawaea festival, now in its fourth year, celebrates the ICT/digital media achievements of Ngati Porou East Coast students, their teachers, whanau and communities from Potaka in the North to Waikirikiri in the South. This year’s festival will form part of the Te Runanga O Ngati Porou 20th Anniversary celebration, showcasing our tamariki and matauranga Ngati Porou.

The festival includes the Te Rangitawaea ICT Expo and ICT Team Challenge which are held during the day, culminating in the coveted Nati Awards, which are presented at a star studded ceremony held in the evening at Uepohatu Hall, Whakarua Park, Ruatoria.

The categories for this year’s Nati Awards are:
1. Fiction Film
2. Documentary
3. Advertisement
4. Music Video
5. Original Music Composition
6. Graphic Poster
7. Clay Animation
8. Graphic Animation
9. Website
10. Digital Photo

The kaupapa for this year is “Future Nati”, and entries can be submitted in Maori (te reo ake o Ngati Porou) or English.

The organisers would like to pay tribute to all the NPEC schools for your enthusiasm and commitment in supporting our tamariki to push the limits of their ITC skills and talents, to nurture their creativity and self-expression, while holding fast to the unique stories and characterisations of respective whanau and hapu.

“Kei te ora te Wiwi Nati
Kei te ora a Ngati Porou”

Closing date for entries:
Friday 10 August 2007
(no late entries will be accepted)
Time:
4.00pm
Deliver to:
Te Runanga o Ngati Porou
1 Barry Avenue
Ruatoria
Attention:
Leeanne Morice

If you require further information or clarification of details, please contact Leeanne Morice, at E Tipu e Rea, 06 8649004 Extn 717 or by emailing lmorice@tronp.org.nz

SPONSOR A NATI !!!

E Tipu E Rea would like to invite local businesses, trusts and organisations to support the 007 Te Rangitawaea Festival by sponsoring a Nati Award.

For further information on how you can do this please contact Leeanne.
The Maori Media Awards was a great celebration of individual achievements in broadcasting made throughout the year, and also recognition of special milestones achieved by Maori Broadcasting organisations. The awards ceremony was a glitzy and glamorous affair with Television, print and Iwi Radio personalities coming together in Gisborne Saturday April 14, for the awards evening.

Radio Ngati Porou in its 20th year had high visibility with photomontages and interviews by several of the original Chairpersons Keita Walker and Rapata (Bob) Kaa.

Over 550 people converged on the Events Centre in Gisborne to join in the celebrations. Gisborne media identity Matai Smith was a winner on the night taking the award for ‘best Male TV presenter’. In his speech he spoke modestly about receiving the award giving acclaim to Julian Wilcox (Maori Television) who was also a finalist in the section. Winner of the best female TV presenter went to a very humble Orini Kaipara (Te Kaea News) who also passed on accolades to her hosting counterpart Ngarimu Daniels whom she accredited the award; saying, “this award should belong to you”.

RNP’s ‘He Taonga te Reo’ was a finalist in the Open Programme category, a runner-up to Tapunga Nepe (Turanga FM) who also took the top honor.

The most prestigious award of the evening was for the ‘most significant contribution to Maori Broadcasting’ awarded to Henare Kingi who has been a stalwart of broadcasting for over 20 years with Te Reo Irirangi o Te Upoko o Te Ika. Acting Minister of Maori Affairs the Hon. Nanaia Mahuta presented the award to Mr. Kingi and commented “everyone should be proud of their achievements”.

The occasion tuned to a more somber note as the congregation paid tribute to the late Don Selwyn a valuable contributor and leader in the broadcasting media industry. He spent many years as an actor and TV/movie director, his most recently acclaimed work being with the film ‘The Maori Merchant of Venice’. Closer to Hikurangi a poroporoaki was given as Dr. Apirana Mahuika’s announced the sudden passing that day at the George Nepia Memorial Rugby Park of the Pakihiroa Station Manager, Regan Poi. A powerful rendition of the Haka ‘Ruaumoko’ was performed in his memory by the Ngati Porou male contingent present. Radio Ngati Porou’s double act Kahu Waitoa and Darylene Rogers exhibited their vocal talents, a spectacular ‘Ae i nga hua a Te Reo Irirangi o Ngati Porou’ in recognition and appreciation of the Maori Media Awards and those who had traveled far and wide to make the event special.
## MĀORI MEDIA AWARDS 2007 - WINNERS
### PRESENTERS

1. **WHAKAATURANGA O TE TAU - RANGATAHI - BEST PROGRAMME YOUTH**  
   Tumamao Harawira - Tai FM

2. **WHAKAATURANGA O TE TAU - HAKINAKINA - BEST PROGRAMME SPORTS**  
   Julian Wilcox and Te Arahi Maipi - Radio Waatea

3. **WHAKAATURANGA O TE TAU - PAHOTANGA TAIAO - BEST PROGRAMME OUTSIDE BROADCAST**  
   Ngā Kaimahi o Radio Tainui - Radio Tainui

4. **WHAKAATURANGA O TE TAU - MOMO WATEA - BEST PROGRAMME OPEN**  
   Tapunga Nepe - Turanga FM

5. **WHAKAATURANGA O TE TAU - REORUA - BEST PROGRAMME BILINGUAL**  
   Apikara Te Rangi - Radio Kahungunu

6. **KAIWHAKATAKI O TE TAU - REORUA - BEST PRESENTER - BILINGUAL**  
   Marire Kuka - Radio Waatea

7. **KAIWHAKATAKI REO MĀORI - WAHINE - BEST REO MĀORI TELEVISION PRESENTER FEMALE**  
   Oriini Kaipara - Māori Television Service

8. **KAIWHAKATAKI REO MĀORI - TANE - BEST REO MĀORI TELEVISION PRESENTER MALE**  
   Matai Smith - Cinco Cine

9. **HIRANGA KAWENGA KÖRERO - (REO IRIRANGI/WHAKAATA IRIRANGI/TUHI) - EXCELLENCE IN JOURNALISM RADIO/TV/PRINT**  
   Ngarimu Daniels - Māori Television Service

10. **WHAKAATURANGA O TE TAU - REO MAORI - BEST PROGRAMME REO MĀORI**  
    Mere McLean - Te Manuka Tutahi

11. **KAIWHAKATAKI O TE TAU - REO MAORI - BEST PRESENTER REO MĀORI**  
    Kingi Taurua - Radio Waatea

12. **TAKOHA NUI RAWA ATU - MOST SIGNIFICANT CONTRIBUTION TO THE INDUSTRY**  
    Henare Kingi - Te Upoko o Te Ika

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Matua Choppy from RNP - One of the three finalists of Best Open Programme.

Keita Walker (Ngarimu), Wikitoria Wright (Reedy), Mate Kaiwai (Ngata).


Noel Raihania with his daughter Iritana Ngarimu.
Many people will be unaware that RNP has been undergoing an equipment makeover. RNP moves into the new digital era as state of the art broadcasting equipment is being installed. With the government allocation of $3.4 million to Maori broadcasting, 22 Iwi radio stations are able to upgrade their current broadcasting operation.

New digital systems being installed, are the AXIA hardware with RCS (Radio Computing System) software to drive it. Prior to the refit RNP installed a new studio suite that replaces the existing one which came when the current building was opened in 1992. While the new digital gear will show a marked improvement in the broadcasting quality, we realize that the station has evolved from humble beginnings as we approach our 20th anniversary in August.

When RNP first opened its doors in the skyline garage across the road, the announcer was spinning records that sometimes doubled as wall ornaments. The ads were played through a cart machine, though these were fun and memorable times the equipment then was of a lesser technical quality. Moving to the current building a few years later RNP automated with the Dalet system. Though Dalet has served us well over the years the digital reality has arrived and we recall with pride the distance the radio has come since its inception. This new equipment brings a new lease of life to the station creating an environment that is not that dissimilar to the studios of other top radio stations in the country. The staff at the station has worked tirelessly to ‘gut’ the old studio and make way for the new gear. Currently AXIA and RCS installers are working to connect the studio to go to air aiming first at a 3-day staff training program for all the studio crew – programmer, announcers, and production. AXIA and RCS installers worked hard to connect the studio to go to air aiming first at a 3 day staff training program for all studio crew - programmer, announcers and production. We set a timeline to go live by midday Friday 13th April 2007. The crew were on a 24 hour countdown, ready to blast off on time.
"NPH supports a Ngati & Healthy Smokefree Future"

"The dates on my whanau gravestones show they weren’t alive long. It’s because of smoking! I don’t wanna go down that route"

GP Waru - Juice TV

Smoking not our future
www.notourfuture.co.nz
More Than Walking The Talk

Take seven women and a “Camp Mother” from the East Coast and send them to Rotorua to participate in a Triathlon around the Blue Lake and what do you end up with.

A bunch of “WAHINE TOA WINNERS”

Several months ago a group of Ngati Porou Hauora staff decided that they would “walk the talk” of regular exercise. This led to a lunch time walking group and some individuals who did cycling, walking and swimming as their exercise programmes and worked out at the Ngati and Healthy Aerobics classes.

There has been participation by Ngati Porou Hauora staff in several events as a result: Gisborne More FM Women’s Triathlon- teams and individual (although unfortunately due to wind the biking section of the Gisborne event was cancelled), Relay For Life and most recently the Rotorua More FM Women’s Triathlon at the Blue Lake on 1 April.

The two triathlon teams, individual triathlon and duathlon and support person were supported by Ngati Porou Hauora in this venture by assisting with transport of people and bikes, and plenty of encouragement.

Everyone finished the course, WOW – 300 metre swim in the Blue Lake (duathlon did 600m run/walk), 10km bike ride from the Blue lake over the hill to the Buried Village and back, and a 5km run/walk around the bush track which circles the lake. Times ranged from just over 1 and ½ hours to 2 hours for the event. The sense of achievement was HUGE as no-one had done a full tri or duathlon before.

All participants are fitter, thinner, healthier and looking forward to the next event – perhaps the Sport Gisborne Duathlon in June

Check out the smiles on their dails. Pretty cool eh !!!!!

Staff were made up from all areas of NPH staff and included – Missy Andzue, Hannah Henare, Gevana, Carol Ford, Lavinia Kingi, Judy Ngarimu, Connie Henare and last but most important Camp Mother and support person extraordinaire Te Miringa Huriwai

“Ka mau te wehi te whanau o Ngati Porou Hauora”
Identifying The Cause Of Gout In Ngati Porou

In February researchers from the University of Otago, Drs Tony Merriman and Jade Hollis-Moffatt (Ngati Porou) met with Kaumataus, Patients, Whänau and Ngati Porou Hauora health care providers in Ruatoria, Te Puia, Tokomaru Bay, Uawa and Puhi Kati to gauge community support for a research project into the causes of gout. The research team also spoke on Radio Ngati Porou and Hauiti Radio to broadcast their proposal to the community, and were interviewed by the Gisborne Herald.

Gout is the most common form of arthritis, causing pain and disability in Mäori (10%), Polynesian (15%) and Caucasian (1%) men. Women are also affected, but at roughly one-third the rate.

Gout is caused by high levels of uric acid in the bloodstream. While uric acid is essential for maintaining blood pressure, high levels of uric can result in uric acid crystals in the joints. The immune system reacts against these crystals causing inflammation and extremely painful acute attacks of gout.

Uric acid is normally excreted via the kidneys in the urine. One-third of Maori and Polynesian people have high uric acid, 90% of which is caused by under-excretion of uric acid from the kidneys. Identifying the cause of high uric acid may enable doctors to better treat gout patients. Encouraged by community support to proceed, Drs Hollis-Moffatt and Merriman are now proceeding to plan this research project with Ngati Porou Hauora. The proposal is that Ngati Porou Hauora would invite patients with gout to participate in the study over the next two-three years.

The study will involve a holistic approach to understanding the cause of hyperuriceamia and gout in Ngati Porou. There is substantial evidence that gout is a consequence of the impact of both the environment and an individual’s genetic makeup, therefore both genes and environmental factors would be studied to identify the underlying causes of gout. The impact of gout on patients and whänau, and how they manage it, would also be studied.

In Caucasians, gout responds well to medication that reduces the production of uric acid. However, Drs Merriman and Hollis-Moffatt believe that in patients of Polynesian descent, the problem is predominantly the body’s inability to excrete excess uric acid. It is possible that Polynesian people have genetic variants that result in reduced ability to excrete uric acid. If the genetic results back up this theory, they believe alternative medication (not currently used in New Zealand) would be more helpful than those medications currently being used. It may also be possible to identify younger whänau members at increased genetic risk of gout - there would be a potentially large health benefit to preventing gout by a combination of medication and dietary advice.

While on the Coast Drs Merriman and Hollis-Moffatt also met with Tolaga Bay Area School Principal, Nori Parata, as the researchers would also like to be involved in the promotion of science in schools and to motivate local students towards tertiary education.
Tokomaru Bay Health Centre invite other Health Providers to share their Knowledge

In 2006 Tokomaru Bay Health Centre Medical staff recognised the need to work more closely with other Health Providers to provide a wider range of services to their clients. These services needed to be easily accessible in Tokomaru Bay, and in the future, within all 5 Ngati Porou Hauora East Coast Clinic areas.

Hearing Therapy Services
Life Unlimited Hearing Therapist, Annette Bethell, was the first to come on board with the beginning of regular Hearing Therapy clinics for anyone over 16 years of age. These clinics are currently held at the Tokomaru Bay Health Centre, and later in the year will also be held at Tawhiti Clinic in Te Puia Springs.

Hearing Therapy Services include:
- Free Hearing Tests and Assessments
- Otoscopy ear checks
- Hearing Aid repairs and management
- Other assistive listening devices,
- Communication skills and
- All other information on hearing related concerns for both clients who have hearing difficulties and their whanau.

There have been some great success stories and some very happy clients who can now participate in whanau and community gatherings, and normal day to day life with improved hearing and there are those who have benefited from hearing aids.

This two monthly service that is by appointment now includes regular clinics at Tokomaru Bay, Tawhiti Clinic, Tolaga Bay, and Ruatoria Health Centres Te Araroa clinics also planned for 2007.

Needs Support Assessments for Under 65 yrs old
Annette’s second position within Life Unlimited includes Needs Support Assessments for under 65 year olds with disabilities requiring home help services. Annette works with Service Coordinator Tracy, whose role is to coordinate the care for the client once the assessment has been completed.

Arthritis New Zealand
Cheryl Morley – Arthritis Educator from Arthritis New Zealand provides a wide range of information and support assistance on Arthritis to clients and their whanau, and has also supported nursing staff at Te Puia Hospital with Arthritis Education. Appointments can be made for clinics which will be run monthly by ringing any of the participating clinics as above. Cheryl can also be contacted directly at Arthritis New Zealand Gisborne/East Coast Service Centre in the Morris Adair Building at Gisborne Hospital (06 8690500).

Brain Injury Educator
Barbara Dockley – Brain Injury Educator is also offering her services to clients and their whanau on the East Coast. And will travel up the coast monthly with Cheryl Morley. This service offers information and support to ensure clients with head injury issues are accessing appropriate care and financial support services including assistance with WINZ forms etc, and support to caregivers/whanau or clients with head injuries.

NPH Problem Gambling Service Screening Training

Many people who present to services for a variety of reasons have problems with gambling, but may not recognise or be aware of it.

Ngati Porou Hauora Problem Gambling Service, in conjunction with MOH & Abacus Training Ltd held a half-day interactive workshop for people in community services, on identification screening, providing brief intervention strategies and referral for gambling problems. This is often an unknown issue and may be a barrier to the client benefiting from the service being offered.

With appropriate training, community organisations can be very effective in helping their clients get the appropriate help they need.

The training program looked at the most effective ways of ‘raising the issue’, relating this to the reasons the client may be attending, and gave staff the confidence to intervene and give feed back as the opportunity presented.

The role play on ‘How to introduce the ‘Gambling Eight Screen’ assessment in a non threatening way for the client, provided agencies with a useful tool in addressing the minimisation of harm from gambling issues.

A participant who attended the training gave a wonderful whakaaaro regarding his own life experience and the subsequent learning he achieved is now ongoing. He stated that he would utilise the strategies he learned in the workshop, in assisting other men to also achieve their best outcomes.

The feedback from the group on the workshop was positive and productive. Evaluation forms were filled in and a cup of tea was enjoyed by all.

Kei te tautoko awhi o mahi petipeti ia koe Pam mo te katao o te Taiao Whiti

Caption: Attendees at Training Day.

Mihi Whanui Arohanui, Ngati Porou Hauora Problem Gambling Team

We are at the Army Hall opposite the GDC. A free and confidential service is available to Women, Men, Rangatahi, & Whanau by a qualified, caring team where your Rights are important to us.

Phone 06 863 2890 Ext 2
Te Puia Springs Phone 06 864 6803

Services Offered include Gambling Awareness Programs, Counselling, Early & Brief Intervention, Presentations, Road Shows & Expos, Visual DVD’s, Video’s & pamphlets in the areas of minimising gambling harm within our communities.

Caption: Attendees at Training Day.
“One for the Boy’s” Research

Men in New Zealand, particularly Maori men, generally do not access health care in a timely manner. And Tairawhiti has the worst regional life expectancy rate for men in New Zealand.

It was thought men themselves hold many of the answers to questions of how their health outcomes can be improved through better access to Primary Health Care (PHC). ‘One for the boys’ is based on a spoken survey which found out what a group of working Tairawhiti men perceived as barriers to accessing PHC; what appealed and what currently works for men, and what men want to improve their access to and uptake of PHC services in the future.

First hand information was gained from 100 non-salaried working men from 20 laboring / factory work settings within Tairawhiti, subdivided into 3 groupings: urban/rural with access to PHC nursing on site; urban/rural with mainstream PHC; and rural with mainstream PHC. The majority who completed the survey were Maori men (68%).

WHAT TAIRAWHITI MEN SAY...
They feel they are responsible for their health.
They want more information about health.
They want to be able to afford good health.
They want to interrupt their work as little as possible to access health care.
They want onsite comprehensive health care.
They want a regular recall / annual health check.

They are willing and do make changes to lifestyle factors to improve their health.
Only ¾ of men in Tairawhiti see a GP yearly, compared to an average 1.2 visits per year for Maori in NZ.

The major findings of the report are that the health needs of men are not well met in the Tairawhiti region. A staggering 83% have not sourced help when they knew they needed too. Funding is the biggest barrier for 45% of the men surveyed. The majority also identified that for them the ethnicity and gender of their health practitioner is of less significance than the skill levels of doctors and nurses. GP appointments are harder to get, because of less GPs working less hours and the high health needs of the Tairawhiti population. Nurses are not as well used for healthcare as GPs by these men.

Few surveyed use traditional hauora services, and very few use the internet or ‘help lines’ to access health information.

The men surveyed also identified what would work better for them in this region. A quarter of men wanted health care delivered at their work sites on a regular basis (at least annually). Many men also wanted easier access to GP (including out of work hours appointments and lower fees), more continuity of GPs, and regular recalls or annual checks. Their requests are consistent with the Treaty of Waitangi principles of participation, protection and partnership in health.

This information and implications for local services will be presented in greater detail and discussed with the Tairawhiti District Health Board, Ngati Porou Hauora Primary Healthcare Organisation Board, Turanganui Primary Healthcare Organisation Board and Te Runanga O Turanganui A Kiwa Board.
LOTS OF PEOPLE SMOKE TO FIT IN WHICH IS STUPID THEY SHOULD JUST BE THEMSELVES

TAU MANUKIA - SPASIFIX

SMOKING NOT OUR FUTURE
WWW.NOTOURFUTURE.CO.NZ