



# TOITU TAIRĀWHITI

NGATI POROU - TE AITANGA A MAHAKI - RONGOWHAKAATA - NGAI TAMANUHIRI

## Mobile Clinics

Testing at mobile clinics in Gisborne and on the East Coast started yesterday (Monday 10 April 2020) as the local fight continues to slow and reduce the spread and impact of COVID-19.

Mobile health clinics will initially be stationed at St Marks Church on Childers Road in Gisborne on Monday and Tuesday. The East Coast mobile testing clinic's will begin at 10.30am on Tuesday 21 April at Potaka School, in Potaka Please note below the timetable

Walk-up swabbing will be available for anyone who feels that they need to be tested for COVID-19.

Medical Officer of Health Dr Bruce Duncan says the clinics will have the flexibility to move around the district to areas of need, and into rural areas, if required.

"We are going to be moving around so please keep an eye [on mobile clinic schedule](#) so you know when it's coming to a location near you."

Hauora Tairāwhiti said the testing has been mobilised so more people can be tested. "We need to find out if there is any community spread in Tairāwhiti?"

Two Public Health Unit nurses and an administrator will be working out of the Gisborne-based clinic created in the mobile dental clinic.

In a successful collaboration between health providers, Ngati Porou Hauora are managing the second testing clinic out of the Public Health Unit's mobile ear clinic. It will be staffed by an NPH doctor and nurse with support staff from the Public Health Unit.

Staff working in the mobile clinics have been through infection control refresher courses and worked alongside War Memorial Theatre Assessment Centre staff, so they are armed with the latest information and best practice for managing people who want to be tested.

Hauora Tairāwhiti says people wanting to be tested can drive or walk to the mobile testing clinic. They will be met at the entrance and told what to do next. It is useful to bring a phone if possible.

People will be phoned with their test results within a few days.

Hauora Tairāwhiti said, that if people are feeling unwell or are sick enough that they would normally see their GP, they should telephone and make an appointment with their regular doctor rather than going to a testing clinic. The mobile testing clinic is for COVID-19 testing only."

The procedure for attending the mobile testing clinic are

- You can drive or walk to the mobile testing station.
- You will be met at the entrance and told what to do next.
- It is useful to bring a phone if possible.
- You will be phoned with your test results within a few days.



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## Gisborne Mobile Clinic

| Date               | Time           | Location  |
|--------------------|----------------|---|
| Monday 10 April    | 12 noon to 4pm | St Marks and the Church of the Resurrection<br>776 Childers Rd<br>Gisborne        |
| Tuesday 21 April   | 12 noon to 4pm | St Marks and the Church of the Resurrection<br>776 Childers Rd<br>Gisborne        |
| Wednesday 22 April | 12 noon to 4pm | Waharoa Dental Centre, next to Ilminster School, Delatour Road,<br>Kaiti Gisborne |
| Thursday 23 April  | 12 noon to 4pm | Waharoa Dental Centre, next to Ilminster School, Delatour Road,<br>Kaiti Gisborne |
| Friday 24 April    | 12 noon to 4pm | Waharoa Dental Centre, next to Ilminster School,<br>Delatour Road, Kaiti Gisborne |

## East Coast Mobile Clinic

| Date               | Time              | Location   |
|--------------------|-------------------|--|
| Tuesday 21 April   | 10.30am -12.30pm  | Potaka School<br>Te Araroa Road<br>Potaka                                |
| Tuesday 21 April   | 1.30pm - 3.30pm   | Te Kura Kaupapa Māori o Kawakawa mai Tawhiti<br>22 Wharf Rd<br>Hicks Bay |
| Wednesday 22 April | 10.30am to 2.30pm | Matakaoa Community Health Clinic<br>Paieka St<br>Te Araroa               |
| Thursday 23 April  | 10.30am to 2.30pm | Tikitiki   |
| Friday 24 April    | 10.30am to 2.30pm | Ruatoria Health Clinic, Tuparoa Rd, Ruatoria                             |



## Tangihanga Guidelines

### COVID-19 Alert Level 3 – Kei te rāhui tonu te motu

Toitu Tairāwhiti recommends that whanau adopt the following Marae and Tangihanga guidelines to support, inform and guide whanau in their interactions with Marae and in the conduct of Tangihanga during these extraordinary times. As we move from Alert Level 4 to Alert Level 3, we need to remain at a high level of vigilance in order to protect ourselves.

#### Marae

At Alert Level 3 marae can re-open if they chose to, but under strict guidelines including:

- **No gatherings of more than 10 people** – when there are gatherings strict social distancing and hygiene processes such as hand sanitising must be in place
- **No inter-regional travel** to attend hui/wānanga or other gatherings at marae
- Physical distancing, infection prevention and control and contact tracing requirements **must be met**
- All gatherings **must record attendees** to ensure contact tracing may be conducted if necessary
- People who are sick, coughing or vulnerable **should not participate** in any gatherings at marae.
- **No participants who have COVID-19 symptoms** or who need to be in isolation and/or quarantine for any reason, are allowed.

## Tangihanga

**Bereaved families and whanau from all cultures and backgrounds will find this time challenging. This makes it even more important that we show each other kindness and caring, manaakitanga and aroha.**

Strict rules remain in place during Alert Level 3 for when loved ones have passed away. These rules apply to everyone, every culture, every religion.

**Limited formal tangihanga** can take place **until further notice**. For us this means:

- Private funeral services, tangihanga at our marae, funeral homes, churches and other venues and private whanau tangihanga at home can take place – **with no more than 10 people in attendance at any one time**
- When burying loved ones either at a public cemetery or urupā, again a maximum of 10 people is allowed to attend
- Tūpāpaku **cannot be transported inter-regionally** under Alert Level 3.

**WHY?** Because **COVID-19 may still be in the community** and public gatherings put all our whanau members at risk, especially our kaumatua. Therefore, we must protect people's health and ensure our health system can look after New Zealanders who become sick.

This approach will reduce contact spread of COVID-19 to our kaumatua and our at-risk whanau members. It is the best way to keep our communities safe.

These guidelines will be updated to ensure the information provided is accurate, relevant to whanau, and responsive to the changes in our situation.



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## Guidance for when a loved one passes.

### Appoint a whanau member to potentially liaise with funeral directors, health providers and/or police.

- Iwi, hapū and whanau are being encouraged to establish local 'kaiwhakarite' or people who can assist whanau during this time. **You may wish to contact your 'kaiwhakarite' to seek advice.** Get in touch with your iwi and hapū organisations or marae to see if a 'kaiwhakarite' has been established.

### Contact the deceased's Health Provider (GP, Hauora, PHO).

- **If your loved one has died from a known health issue**, this will be critical information for the Funeral Director – your loved one's Health Provider will liaise directly with the Funeral Director (once appointed) to pass on the necessary information.
- **If your loved one has died from COVID-19** then it will be critical for the Health Provider to support, you with information on what to do next – there are strict guidelines that must be followed in these instances. There is also information available on [covid19.govt.nz](https://www.covid19.govt.nz) to help you in these instances.
- **If your loved one has died from an unknown cause**, a post-mortem may need to be undertaken. Your Health Provider will assist you in the first instance and the Police may need to be contacted, who will then facilitate this process. They will liaise directly with your appointed whanau member.

### Get in touch with a local funeral director

During Alert Level 3 it is highly advisable to engage the services of a funeral director to carry out the functions of burial or cremation and transporting a deceased person in New Zealand.

- Once you have secured the services of a funeral director, **be prepared:**
  - If the funeral director encounters high levels of anxiety, distress or confrontational behaviour due to the restrictions we are all under, they will contact the local Police for assistance.
  - **They may uplift your loved one wearing personal protective equipment** including masks, gloves, protective clothing etc. – this may be daunting for whanau, especially young ones.
  - They will only allow **one appointed whanau member to facilitate arrangements** including paperwork – this may need to be done remotely or at least using strict social distancing measures.
  - **Whanau members (up to two people) are allowed to dress the tūpāpaku** – however this must be carried out in the presence of an embalmer/funeral director who will give direction to anyone present on the correct requirements. Activities such as kissing, washing or touching the body must not occur before, during or after the dressing and viewing.
  - whanau and friends living in the same region as the tūpāpaku may visit the funeral directors, marae (if open), church (if open), other venues or the house at which the tūpāpaku is lying in state, however:
    - **Only a maximum of 10 people at any one time** may view the tūpāpaku and again, strict social distancing protocols should be followed and activities such as kissing, hugging and touching each other and/or the tūpāpaku should not take place.
  - Again, **only of 10 people will be allowed to go to the cemetery** alongside the tūpāpaku and funeral director.
  - **Importantly, the above option only applies within the region** the tūpāpaku has passed away in. Tūpāpaku are not to be transported inter-regionally.



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- **This does not preclude whanau from electing to have their loved one placed in storage (refrigerated)**, if this facility is available locally, until we are past the current Level 3 Alert – National Emergency. You can discuss this option with the funeral director if you wish to.

## Travel for tangihanga

- Tūpāpaku cannot be transported inter-regionally, either through a funeral director or privately during Alert Level 3.
- Similarly, whanau cannot travel inter-regionally to attend tangihanga.
- Only a maximum of 10 people will be allowed to go to the cemetery alongside the tūpāpaku and funeral director.
- Strict travel restrictions are still in place. Whanau who are travelling must do so using their own vehicles, or by using authorised essential transport services.
- As soon as the burial is complete, or as soon as whanau have received their loved one's ashes, they must return home directly without taking detours.

## Protecting everyone in your isolation bubble

- Anyone who is unwell, even mildly so, must remain home.
- People at higher risk must also stay home. This includes kaumatua, pregnant women, whanau who are immune-compromised or have cancer or pre-existing conditions like cardiovascular disease, respiratory issues, kidney problems, diabetes, or high blood pressure.

## Cremation

- Although you may not be used to cremation it may have to be an option you consider, especially if you are wanting to return your loved one to their whanau urupā once we recover.
- Be prepared to potentially not have your loved one's ashes returned until after the pandemic.

## Role of marae

- Marae may choose to re-open during Alert Level 3 – however strict guidelines will still apply.
- Marae can assist whanau via email, text, and phone contact to ensure they have access to cultural and technology support if needed.

## Burial at urupā

- Whanau who live in the same region as their whanau urupā may opt to have their loved one buried there.
- Whanau will need to contact their marae/urupā contact persons to make the urupā arrangements. Marae can assist with making these arrangements.

## Role of funeral directors

- All funeral directors have been asked to follow a strict set of guidelines and will abide by these.



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- Funeral directors will liaise with local councils to ensure that any local authority rules are followed – where local authorities have closed their public cemeteries; they have been asked to give consideration to allow the whanau pani/kirimate to attend the graveside.
- Funeral directors may have other restrictions in place depending on their own health and safety policies and protocols. They will let you know what these are.

## Honouring your loved one

- You may engage the services of a priest, minister, celebrant, kaumatua or other to conduct karakia, poroporoakī, and mihi at the funeral home, home, church and cemetery and/or urupā. However, these people will be counted as part of the maximum of 10 people allowed to be present, and again strict social distancing and hygiene protocols must be followed.
- Funeral directors may be able to assist, or you may be able to utilise technology to assist.
- You may choose to livestream your time at the funeral home, cemetery and/or urupā to include whanau and friends who were not in attendance physically.
- Once we recover from this pandemic, your whanau may want to come together to honour your loved one. If your whanau member was cremated, you may want to bury their ashes at a whanau urupā. If they were buried immediately, you may choose to hold a service at the burial grounds. These are only some of the ways you may choose to remember your lost loved one.

As previously stated, the guidelines are recommended to our whanau, because Toitu Tairāwhiti believe that the procedures outlined are by an large common sense and are for the primary health and safety of whanau. They reflect the requirement to maintain health and safety in a COVID-19 response period, while also ensuring that the fundamental tikanga of tangihanga and gatherings at Marae is adhered to in a manner that is respectful and enabling of the tikanga and cultural practices of iwi, hapu, whanau and Marae in these 'changed times.

*The inoi from Toitu Tairāwhiti Chairpersons is . "if you find yourself in this situation, these guidelines will go a long way to support you, fulfil your tikanga obligations while ensuring the health and safety of all people involved, including the immediate whanau, the marae whanau and extended whanau'.*

## Government-COVID-19

### Moving from Alert Level 4 to Alert Level 3

Prime Minister Jacinda Ardern announced yesterday that New Zealand will **move from COVID-19 Alert Level 4 to Alert Level 3 at 11.59pm on Monday April 27**. The country will stay in Alert Level 3 for two weeks before a further review on May 11. **It is vital that everyone knows we are still under Alert Level 4, and all Alert Level 4 restrictions remain in place until 11.59pm on Monday 27 April**

The New Zealand Government's goal is to eliminate COVID-19 from New Zealand, so that we can live and work free from this disease. This is the best thing we can do for our people, our communities, and our economy.



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We attacked the disease early and hard by going into lockdown or Alert Level 4. This has put us in a good position to eliminate the disease, bank those gains and to get ready to transition to Alert Level 3. The decision to go to Alert Level 3 will be made when Health Officials and Ministers believe that we have transmission under control and can tolerate a little more risk.

## **We will not risk going to Alert Level 3 too early. We will move when we have met four criteria:**

- We know that community transmission is under control, and the transmission rate is very low.
- We have robust measures at the border stopping new infection.
- We have tracing and testing capacity to shut down any new outbreak.
- We have supplies for, and capacity, in the health system.

**It is vital that everyone knows we are still under Alert Level 4, and all Alert Level 4 restrictions remain in place until 11.59pm on Monday 27 April.**

Under Alert Level 3 we will still have significant restrictions on our day-to-day lives. The risk of COVID-19 will have diminished, but not gone away.

If we are successful in controlling COVID-19 under Alert Level 3 we will be able to move down to Alert Level 2, where there are far fewer restrictions.

Under Alert Level 3, children who can stay at home should stay at home. At-risk students and staff should also stay at home, and they will be supported to do so. Early learning centres and schools will physically be open from 29 April for up to Year 10 students for families that need them.

### **Contact tracing**

The Government today announced up to \$55 million to improve our contact tracing system to ensure we have a gold standard response to any future surge of COVID-19 cases. This is on top of the initial \$15 million that went to Public Health Units in March for contact tracing.

All results from community testing around New Zealand during the past few days have been negative. Targeted community testing will continue in communities as part of ongoing surveillance against COVID-19. Remember, we are still at Alert Level 4.

## **Education**

Under Alert Level 3 it will be safe for Early Learning / Education Centres and schools to open for children up to and including year 10, with appropriate public health measures in place. All young people in years 11-13 will continue to learn at home.

Physical attendance at school is voluntary, but all children not at school should be learning by distance. Schools will be a safe place for children to go to learn if their parents need to return to work, or the children cannot learn at a distance. Children who can, should remain home and learn via distance.



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Schools and Early Learning / Education Centres will contact parents as they work through their plans for re-opening.

Home based early learning services can resume up to the maximum number of licensed children of 4 including the educator's own children, provided public health requirements are met.

Play centres and play groups will be closed.

Personal Protective Equipment (PPE) like gloves and masks are not necessary for a school environment. Children, young people, and staff who are at greater risk are encouraged to stay at home. Any child, young person or staff member who is sick should remain at home.

It will take at least a week for Schools and Early Learning Services to get ready to open after we go to Alert Level 3.

Most tertiary education will be through distance learning. Tertiary education facilities may open for limited activities involving small stable groups (up to 10 people who do not change). Campus research that cannot be done off campus such as lab work, and practical hands on learning, such as trades courses, where the learning can happen in small groups with appropriate physical distancing. Courses where close contact is unavoidable will remain online only.

Schools will look different under Alert Level 3. There will be far fewer students on the grounds, and they will stay within their small groups. Some teachers will be teaching students at school, while others will be providing distance learning.

Most children who need to attend schools and early learning centres will be able to do so from 29 April, however, it may take a bit longer for some schools and centres to be ready to open.

People will be allowed to enter schools and early learning centres from tomorrow for cleaning, maintenance and any other preparations to be ready to re-open for a Teacher Only Day on 28 April.

## Workers and businesses

This week businesses can get ready to open. This means employers can re-enter premises to receive stock if necessary, but they must stick to physical distancing and their bubbles.

Most, but not all businesses can start to open under Alert Level 3. They must take health measures to keep their workers safe.

- Workers must work from home if they can
- Workplaces must operate safely – keeping one metre between workers, recording who is working together, limiting interaction between groups of workers, disinfecting surfaces, and maintaining high hygiene standards



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- Retail and hospitality businesses can only open for delivery and contactless pre-ordered pick up – customers cannot enter stores
- Supermarkets, dairies, and petrol stations can continue to allow customers into their stores, with the same restrictions and measures in place as Alert Level 4
- Businesses cannot offer services which involve face-to-face contact or sustained close contact (e.g. hairdressing, massage, house cleaning, or door-to-door salespeople)
- Other in-home services can be delivered if it is safe to do so (like tradespeople for repairs or installations) – keep two metre separation from those in the house
- Most workers will not require PPE to stay safe at work. Incorrectly used PPE can create more risk. Good hygiene measures like hand washing with soap and water, physical distancing, sneeze, and cough etiquette, and wiping down surfaces is the best defence against COVID-19.

*More detailed guidance for sectors will be made over the coming days.*

If you run a takeaway business, you can reopen it if you have pre-ordered contactless pick up or can-do home delivery.

A real estate agent can open, but people should work from home if they can. The agent can enter people's homes, but not have customers in the office. You cannot run an open home. Construction businesses can start work again but strict hygiene measures must be put in place – and office staff who can work from home should do so.

This is about managing the risk of transmission. Retail shops can be difficult to control in terms of physical distancing and keeping surfaces clean. Exceptions have been made for businesses like supermarkets, but right now the risk of transmission is too high to allow this more widely. Measures like drive through or home delivery better manage this risk, but unfortunately not everyone will be able to do this.

Right now, the risk of transmission from people providing services that require close personal contact (e.g. hairdressers, manicurists, beauticians, domestic cleaners, personal trainers, gymnasiums) is too great. These businesses can resume under Alert Level 2, with appropriate health measures in place.

## **Keeping safe and keeping well**

At every alert level people should take measures to stay safe and well.

- Regularly disinfect surfaces
- Wash and dry your hands thoroughly and regularly
- Do not touch your face
- Stay home if you are sick
- Get tested for COVID-19 if you have flu like symptoms – call your GP or Healthline
- Continue to seek primary medical care.

# KIA MATAARA, KIA MANAWANUI