



TOITU TAIRĀWHITI

NGATI POROU - TE AITANGA A MAHAKI - RONGOWHAKAATA - NGAI TAMANUHIRI

PANUI

18 AKUHATA 2021

Tena tatou i nga whakamatautau o te wa.

Toitu Tairāwhiti has reactivated our COVID-19 **Panui** as part of our collective efforts to keep Tairāwhiti whanau, Kuru Pounamu and communities informed about the latest national, regional and iwi updates on COVID-19, Alert Level 4 Lockdown, and the ongoing rollout of the Pfizer vaccine.

COVID-19 - State of our Nation

Number of active cases			
	Change in last 24 hours	Total at present	Total since first NZ case
Confirmed	-4	39	2580
Probable	0	0	356
Total	-4	39	2936

Location of active cases		
	Change in last 24 hours	Total at present
In managed facilities	2	30
In hospital	0	2
At home or in self-isolation	3	3
Not in isolation	0	0
Other	-9	4



TOITU TAIRĀWHITI

NGATI POROU - TE AITANGA A MAHAKI - RONGOWHAKAATA - NGAI TAMANUHIRI

COVID-19 cases in the community

As of 18 August 2021, there are 39 active cases of COVID-19 in New Zealand. The total number of community cases is currently 10. Nine of these cases have been linked to other community cases and the remaining case has been linked to the border.

The associated locations of interest in Auckland and Coromandel are being updated on the [contact tracing locations of interest](#) page. Please call Healthline on [0800 358 5453](tel:08003585453) to register if you were potentially exposed and require advice on testing. People are now required to isolate if they are a household contact of a person who has been at a location of interest until they get a negative test

Location of active cases

Note: At current case levels, to protect privacy, only limited data will be provided about hospitalisations.

People who travelled internationally and were diagnosed in managed facilities at the border	31
People in close contact with someone who caught COVID-19 while overseas	0
Caught COVID-19 from someone locally	0
Caught COVID-19 within NZ, but source is unknown	0
Under investigation	8

Definitions

Active case - confirmed	Confirmed cases are people that have been tested, and the test confirms they have COVID-19 (i.e., a positive test).
Active case - probable	A probable case is when someone is diagnosed based on their exposure to other people with COVID-19 and on their symptoms.
In managed facilities	In managed isolation or quarantine facilities, hospitalisation not needed
Recovered	Recovered cases are people who had the virus, where at least 10 days have passed since their symptoms started and they have not had symptoms for 72 hours, and they have been cleared by the health professional responsible for their monitoring.



TOITU TAIRĀWHITI

NGATI POROU - TE AITANGA A MAHAKI - RONGOWHAKAATA - NGAI TAMANUHIRI

Alert Level 4 Guidelines and Updates

As of 18 August 2021, there are 39 active cases of COVID-19 in New Zealand

What to do at Alert Level 4. We need everyone's support to protect New Zealand and eliminate COVID-19.

Stay at home.

- Everyone must now stay home.
- From 11:59pm on Tuesday 17 August you can only leave home to shop for groceries, access necessary healthcare, get a COVID-19 test, exercise in your local area, or go to work if you are working in an Alert Level 4 service and cannot work from home.
- Only make physical contact with those in your household bubble.

Wear a face covering.

- We encourage you to wear a face covering and keep 2 metres distance from others when leaving your home. Especially if it is difficult to maintain physical distance from others.
- From 11:59pm on 18 August, you legally must wear a face covering if you are a customer or an employee involving customer contact at a business or service operating at Alert Level 4.
- This means, you will need to wear a face covering:
 - on public transport and at departure points, for example train stations and bus stops
 - on flights
 - in taxi or ride-share vehicles — drivers and passengers
 - when visiting healthcare facilities
 - inside any Alert Level 4 businesses and services that are still open and involve customer contact, including supermarkets, pharmacies, and petrol stations.

Food and shopping

- Supermarkets, dairies, pharmacies, and food banks will remain open.
- If possible, try to send 1 person per household to do the shopping.
- Practise 2 metre physical distancing and good hygiene while shopping.
- Dairies and food banks will operate a strict "one-in, one-out" policy. They will not be allowed to sell or provide food prepared on the premises.
- Primary industries, including food and beverage production and processing, will still operate.
- Freight and courier drivers will continue to transport and deliver food.
- Grocery food deliveries — such as My Food Bag and Hello Fresh — will continue if the food is not pre-cooked. All deliveries must be contactless.
- Whole-food contactless deliveries such as butchers, bakeries and green-grocers can continue.
- Takeaway services must close.



TOITU TAIRĀWHITI

NGATI POROU - TE AITANGA A MAHAKI - RONGOWHAKAATA - NGAI TAMANUHIRI

- Liquor stores will close, unless within a Licensing Trust Area and will operate with a strict “one-in, one-out” policy.
- Wine and beer will continue to be sold at supermarkets.

Public spaces and gatherings

All public facilities must close, including;

- bars
- restaurants
- cafes
- gyms
- cinemas
- pools
- museums
- libraries
- playgrounds.

Indoor and outdoor events cannot go ahead

Events, including family and social gatherings cannot go ahead. This includes parties, funerals and tangihanga, and weddings.

Services

- Rubbish collection will continue. Check your local authority website for recycling.
- NZ Post will deliver mail and courier drivers will continue to make deliveries.
- Self-service laundries can stay open, if 2 metre physical distancing is enforced.
- Service stations will remain open and will be supplied.
- Public transport, regional air travel and ferries are mostly restricted to those involved in Alert Level 4 services, freight and those returning home in the first 48 hours.
- Some public transport will be available for essential trips, such as to the supermarket or doctor, but options are likely to be limited.

Exercise and recreation

- You can go for a walk, run, or bike ride in your local area. Exercise is good for your mental health.
- If you do, it must be on your own, or with your household bubble.
- Keep a 2-metre distance.
- Do not do activities that may require search and rescue services. For example, do not go swimming, surfing, boating, hunting, or tramping.
- If you are unwell, do NOT go outside.

Meeting friends and whanau

- Staying at home reduces the transmission of the virus.
- For this to work, you are asked to only have physical contact with the people you live with.
- If you live alone, you may arrange with another person living alone or a household to be part of your household bubble. This can include at most 2 households, and they must be in the same town or city.
- If you want to talk to a friend, call or video chat with them.



TOITU TAIRĀWHITI

NGATI POROU - TE AITANGA A MAHAKI - RONGOWHAKAATA - NGAI TAMANUHIRI

- Children can travel between the homes of separated parents so if they live in the same town/city.
- You can drop off groceries to others but drop the groceries at the door. Always keep a 2-metre distance.

Alert Level 4 businesses and services

- Only certain businesses may remain open to the public during the Alert Level 4 period. If a business is not sure if it provides Alert Level 4 services or products, it should close.
- If you are a business or worker in a non-Alert-Level-4 business, you may still work — if this is from home. If you cannot work remotely, you must stay home.

Transport and travel

- At Alert Level 4, all types of transport and travel are restricted.
- Only travel for essential reasons, such as to get food or medicine, or to go to work if you are an Alert Level 4 worker.
- If you were away from home when New Zealand moved to Alert Level 4, you have until 11:59pm on 19 August 2021 to travel home.

Transport and travel if you are unwell or at risk

You should not travel if you:

- have been requested to self-isolate
- have symptoms of COVID-19
- are awaiting a COVID-19 test result.
- If you are unwell or at-risk, you should not leave your home at all.

Public transport, taxis, and ride-sharing services

You can use public transport, taxis, and ride-sharing services for transport for essential reasons, BUT you must wear a mask.

Private vehicles and active transport

- You can use a private vehicle for essential reasons. You should only travel in your vehicle with people from your household.
- You can use active transport like walking and biking if you keep a 2-metre distance from anyone not in your household.

International air travel

Visitors and tourists can still use international air services to travel home but commercial flights have been impacted. Do not go to the airport unless you have a ticket. If you do not have ticket, contact a travel agent or airline directly. If you can't get a ticket, please contact your country's embassy.

Domestic air travel

While in Alert Level 4, air travel will be used only to transport people travelling home in the first 48 hours after the move to Alert Level 4, undertaking Alert Level 4 services and to transport freight – or for other permitted reasons, for example:

- to do necessary work as defined in the [Public Health Order](#) (the Order)



TOITU TAIRĀWHITI

NGATI POROU - TE AITANGA A MAHAKI - RONGOWHAKAATA - NGAI TAMANUHIRI

- to provide urgent care for a child or a person in a critical or terminally ill condition
- to attend a Court, tribunal, New Zealand Parole Board hearing or another judicial institution

Funerals and tangihanga

Funeral directors can continue working at Alert Level 4. However, gathering for funerals and tangihanga is not permitted at Alert Level 4.

This may be a challenging time for you and your family. If you ever feel you are not coping, it is important to talk with a health professional.

For support if you need to talk, you can call or text [1737](tel:1737). It is free, anytime, 24 hours a day, 7 days a week, to talk with a trained counsellor.

Education

- All schools and early childhood education centres are closed.
- Schools will be providing information directly to all parents about what this means for them.
- Schools are establishing ways to teach online and remotely.
- Where possible, Alert Level 4 workers with children aged 0 to 14 need to make their own arrangements for childcare.

We know this will not be possible for everyone.

How to access healthcare

- Health and medical facilities will remain open while we are at Alert Level 4.
- You can still get medical help if you need it. This includes healthcare services, such as Healthline, GPs, cancer services, disability, and aged support services.
- However, if you need to see a doctor or other medical professional you MUST phone first.
- Most consultations will happen over the phone or by videoconference to stop any risk of COVID-19 spreading by person-to-person contact.
- If a face-to-face meeting is required, your doctor or other medical professional will organise this with you.
- Please only call Healthline if you or someone you know feels unwell or you need medical advice, rather than general questions about COVID-19. It's important Healthline can answer calls from those who need medical advice. The more people who call asking for general information, the fewer people who need medical advice can get through.
- If you cannot get through and are severely unwell, for example having trouble breathing, contact emergency services (call [111](tel:111)).

COVID-19 vaccinations

The COVID-19 vaccination programme will resume from 8am, Thursday 19 August.

Vaccination sites will be operating under Alert Level 4 conditions. Physical distancing requirements at the sites means there might be fewer people vaccinated.

The reduced capacity means some appointments may need to be postponed. If your appointment is postponed you will be contacted by the Ministry of Health, your DHB, or healthcare provider. If you do not hear anything, please come to your appointment as scheduled.



TOITU TAIRĀWHITI

NGATI POROU - TE AITANGA A MAHAKI - RONGOWHAKAATA - NGAI TAMANUHIRI

At-risk people

- People at higher risk particularly should stay at home and ask others to pick up supplies for them. You just need to ask them to leave supplies at the door, rather than come in.
- You are at high risk if you are over 70, have a compromised immune system or have underlying health conditions.
- People with underlying medical conditions include a compromised immune system, liver disease, cancer, kidney disease, heart disease and diabetes mellitus, pregnant people, or those on immunosuppressant medications.
- You need to take more precautions to protect yourself against all infections, including COVID-19.

In an emergency

If there is another emergency while we are at Alert Level 4, you should do what you would normally do.

- If you feel an earthquake: drop, cover, and hold during the shaking. If you're near the coast, remember long or strong: get gone.
- If you are advised to evacuate by authorities because of a tsunami, flood, fire, or other emergency, follow the evacuation advice.
- Emergency evacuation orders will override the COVID-19 Alert Level 4 requirement to stay at home. If you must evacuate and leave your house, take your grab bag with you, and try to avoid contact with people who aren't in your bubble. Stay 2 metres away from others.
- If life or property is threatened always dial 111 for police, fire, or ambulance.

The COVID-19 vaccination programme.

The COVID-19 vaccination program will resume from 8am tomorrow (Thursday 19 August). Vaccination sites will be operating under Alert Level 4 conditions. This means capacity will be reduced due to physical distancing requirements, and other safety measures will be in place.

The reduced capacity means postpone some appointments may have to be postponed. If your appointment needs to be postponed you will be contacted by the Ministry of Health, your DHB, or healthcare provider.

If you don't hear anything, please go to your appointment as scheduled.

Aged 40+? You can book your COVID-19 vaccination now or register and you will be advised when it's time to reserve your spot.

Nation-wide Vaccine data & statistics as of 17 August 2021

first doses administered	second doses administered	total doses administered
1,655,598	954,415	2,610,013



TOITU TAIRĀWHITI

NGATI POROU - TE AITANGA A MAHAKI - RONGOWHAKAATA - NGAI TAMANUHIRI

Tairawhiti Vaccine data & statistics as of 17 August 2021

first doses administered	second doses administered	total doses administered
25,005	9,067	25,005

Tairawhiti Vaccination Centre

. Turanga Health and Ngati Porou have been rolling out the Pfizer vaccine in rural communities across Turanga and the East Coast and in the last couple of weeks set by Vaccine centres in urban locations. In tomorrow's Panui we will provide a breakdown of vaccine centre locations, dates, and times. So, watch this space.

. Government-COVID-19

To prevent the further outbreak or spread of COVID-19, which is considered to be a significant risk to the public, the Medical Officer of Health for all health districts of New Zealand, issued the following direction under sections 70(1)(e) and (f) of the Health Act 1956: This direction applies to any person who attended the locations of interest in Auckland and Coromandel at the times and dates advised

People are required to do the following:

1. Isolate or quarantine at their usual place of residence (which for visitors, includes accommodation).
2. Report themselves for medical testing by contacting Healthline (0800 358 5453) and advise that they are a contact of a case of COVID-19;
3. Submit themselves for medical testing for COVID-19 at a time and place appropriate to their current location and the time of their last potential exposure to COVID-19, as set out in guidance published on the Ministry of Health website (www.health.govt.nz);
4. Except as required to report and submit for testing as directed:
 - a. remain isolated or quarantined at their usual place of residence for a time as advised by, or on behalf of a Medical Officer of Health, but:
 - b. no longer than 14 days from the date of their last potential exposure to COVID-19, as set out in guidance published on the Ministry of Health website (www.health.govt.nz).

Failure or refusal to comply with this direction is an offence under s 72 of the Health Act 1956

Alert Level 4 Keeping safe and keeping well

At Alert Level 4 we need to be more vigilant in taking measures to keep safe and well.

- Regularly disinfect surfaces
- Wash and dry your hands thoroughly and regularly
- Do not touch your face
- Stay home if you are sick
- Call Healthline if you suspect you have COVID-19 symptoms: **0800 358 5453**
- For any other COVID-19 related queries, contact the Government helpline **0800 779 997**



TOITU TAIRĀWHITI

NGATI POROU - TE AITANGA A MAHAKI - RONGOWHAKAATA - NGAI TAMANUHIRI

- Get tested for COVID-19 if you have flu like symptoms – call your GP or Healthline
- Continue to seek primary medical care.
- Restrict or travel to the purchase of essential provisions and or medical care.
- Need to talk? Call or text **1737**
- Visit [allright.org.nz](https://www.allright.org.nz) for practical mental health and wellbeing advice
- Essential business enquiries essential@mbie.govt.nz or **0800 22 66 57**
- Report breaches of self-isolation [105.police.govt.nz](https://www.105.police.govt.nz)

KIA MATAARA, KIA MANAWANUI